



Tuba City Regional Health Care Corporation
Women's Services

2018 Schedule

Prenatal Classes



**Learn about breastfeeding, nutrition,
labor, delivery and so much more!**

DATE: April 18

July 11, 25

May 2, 16

August 8, 22

June 13, 27

September 5, 19

TIME: 9:00 AM – 12:00 PM

**WHERE: Outpatient Primary Care Center
1st Floor - Kitchen Classroom**

**TOPICS: Introduction to Pregnancy • Breastfeeding
Nutrition & Oral Health • Labor & Delivery
Breastfeeding & Post-Partum Care**

**For more information or to register for the
Prenatal Classes, call (928) 283-2599.**

Designated as a

Baby-Friendly USA
The gold standard of care

Tuba City
Regional Health Care Corporation

