

Liná Wellness Program

NEW YEAR

WEIGHT
LOSS

CHALLENGE

WIN
PRIZES!



PROGRAM
COST VALUE
OVER \$400!

WE OFFER

Nutritional & Fitness Evaluation and Program Design, Body Fat % Testing before and after weigh in, Measurements, Lab Testing, Train in a Small Group Settings

REGISTRATION REQUIRED

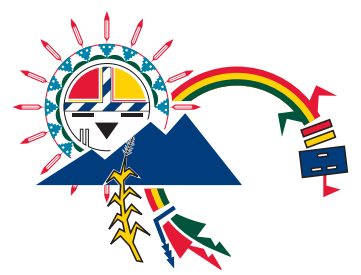
Register at Sacred Peaks Health Center
3480 E. Route 66, Flagstaff, AZ 86004

Program starts January 11 - March 31

Tuesday and Thursday Classes
7:30-8:30 AM OR 4:00-5:00 PM
Sacred Peaks Health Center

FOR MORE INFORMATION

(928) 814-6880



Sacred Peaks
Health Center