



TCRHCC HEALTH PROMOTION DISEASE PREVENTION

All Events Will Follow Daylight Savings Time (DST)

Location	Date	Registration	Start Time
Kaibeto Boarding School	May 14	5 PM	7 PM
Tonalea Chapter	May 21	6 PM	7 PM
LeChee Chapter	May 28	6 PM	7 PM
Blue Hills	June 4	5 PM	7 PM
Flagstaff Fort Tuthill	June 11	5:30 PM	7:30 PM
Tuba City Old Airport *w/ 10k	June 18	6 PM	7 PM
Cedar Ridge	June 25	6 PM	7 PM
Moenkopi *w/ 10k	July 2	5 PM	7 PM
Coppermine Chapter	July 9	6 PM	7 PM
Coalmine	July 16	6 PM	7 PM
Little Colorado River	July 23	6 PM	7 PM
Tuba City Fairgrounds *w/ 10k	July 30	4 PM	7 PM

Pre-Register using the following link: <https://forms.office.com/r/t75iT7LFLB>

Onsite Registration available, Pre-Registration strongly encouraged.
Registration will close 10 minutes after start time.

Please bring enough water for you & your family.



For More Information Contact TCRHCC HPDP at
(928)283-1420

WWW.TCHEALTH.ORG