

Tuba City High School Teen Clinic

The TCHS school-based Teen Clinic is designed to achieve three major goals:

- 1. Provide convenient, comprehensive, and confidential health care to your student.
- 2. Teach teens to be good health care consumers.
- 3. Keep students in class as much as possible, not waiting at the hospital to be seen.

With the help of the school nurse, the staff at TCRHCC provide many services to teens at the TCHS clinic including:

- 1. Primary medical care including walk-in sick care and injuries, follow up of chronic illnesses, sports physicals, prenatal care, well women's health care.
- 2. Physical therapy
- 3. Nutrition counseling with Health Living Center staff
- 4. Dermatology specialty clinic
- **5.** Mental health counseling through telemedicine.

The staff from TCRHCC include medical staff from pediatrics and family medicine departments, physical therapy, nutrition, mental health, dermatology, and midwifery. Clinics are scheduled throughout the week and different services are usually available 5 days a week at Tuba City High School. Appointments are scheduled through the school nurse and coordinated with teen clinic staff.

Our clinic follows the consent and confidentiality statues of Arizona so students must have a signed consent form their parent or guardian before they can be seen at the teen clinic.

We are very glad to be working with your school staff to keep your student healthy and in school!

For more info, contact:



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