



TCRHCC HEALTH PROMOTION DISEASE PREVENTION

All Events Will Follow Daylight Savings Time (DST)

Location	Date	Registration	Start Time
Kaibeto Boarding School	May 13	5 PM	7 PM
Tonalea Slim Horse Racing Track	May 20	6 PM	7 PM
Hidden Springs	May 29	6 PM	7 PM
LeChee Chapter	June 3	6 PM	7 PM
Blue Hills	June 10	6 PM	7 PM
Flagstaff Fort Tuthill	June 16	5:30 PM	7:30 PM
Coppermine Chapter	June 24	6 PM	7 PM
Moenkopi *w/ 10k	July 1	5 PM	7 PM
Cedar Ridge	July 8	6 PM	7 PM
Coalmine	July 15	6 PM	7 PM
Little Colorado River	July 22	6 PM	7 PM
Tuba City Fairgrounds *w/ 10k	July 29	5:30 PM	7 PM

Pre-Register using the following link: <https://forms.office.com/r/6SGYjMWnCU>

Onsite Registration available, Pre-Registration strongly encouraged.

On-Site registration will close 10 minutes after start time.

TCRHCC Community Health Center - Mobile Medical Unit, TCRHCC Native Connection, TCRHCC Office of Native & Spiritual Medicine, Environmental Health, TCRHCC Public Health Department, San Juan Paiute Health Department, Coconino County Health & Human Services- Tuba City/Page/Flagstaff, Navajo Nation Special Diabetes Program, Navajo Nation Health Education Program and HIV Prevention Program, Kaibeto DBHS, JHU-Center for American Indian Health, Tuba City Office of Dine Youth, Native Americans for Community Action, Moenkopi Developers Corporation, Navajo Nation Parks & Recreation- Little Colorado River Gorge Park, TCRHCC Sacred Peaks Physical Rehab, LeChee Chapter, Coppermine Chapter, Tonalea Chapter, Tuba City Chapter, Slim Horse Racing Track, Tsingine Family, Dugi/Riggs family, Benally Family, Begay/Draper Family, Tuba City Western Navajo Fair Committee, Hopi Wellness Center, Kaibeto Boarding School, Saanii Up, Spear G Sound Co. - Cordell Granger, Mountain T's and BarNSeptic.

Please bring enough water for you & your family

For More Information Contact TCRHCC HPDP at (928) 283-3513

WWW.TCHEALTH.ORG/HEALTH-PROMOTION-DIABETES-PREVENTION/

