## Are you up to date on your vaccines?



#GETVACCINATED





Vaccines help protect you and those around you against disease.

Following the recommended vaccine schedule can help our community stay healthy.



12-15

**MONTHS** 

□ Pneumococcal

□ Chickenpox

☐ Hepatitis A

☐ Hib

☐ MMR

#### 4-6 **YEARS**

- □ DTaP ☐ Polio
- ☐ Chickenpox



- ☐ Tdap once, then Td booster every 10 years
- ☐ Shingles\*\* ☐ Pneumococcal\*\*
- If not given earlier:
- ☐ Hepatitis B
- ☐ Hepatitis A\*\*
- ☐ HPV



#### **PREGNANCY** & BIRTH

- □ Tdap
- ☐ RSV (during pregnancy or for baby at birth if during RSV season\*)
- ☐ Hepatitis B (for baby at birth)

# **MONTHS**

- □ DTaP
- ☐ Hib
- □ Polio
- □ Pneumococcal ☐ Rotavirus

**MONTHS** 

□ Pneumococcal

\*RSV



\*RSV

\*RSV

□ DTaP ☐ Hepatitis A

- 11-17 **YEARS**
- □ Tdap ☐ HPV
- ☐ Meningococcal

50+ **YEARS** 

- □ Pneumococcal
- □ Shingles
- ☐ Td booster every 10 years
- ☐ RSV (all adults 75 and older and adults 50-74 who are at increased risk for severe **RSV)\*\***



### **MONTHS**

- □ DTaP
- ☐ Hib
- ☐ Hepatitis B
- ☐ Polio

\*RSV

- □ Pneumococcal
- ☐ Rotavirus

☐ Hepatitis B

□ DTaP

☐ Polio

☐ Hib

\*RSV

Vaccine recommendations can vary based on your health status. Talk to your provider about getting vaccinated.

\*Children should get one RSV shot in each of their first two years of life (from birth up to 19 months) to protect against serious RSV disease.

Everyone 6 months and older should get the flu shot each year, including during pregnancy. Everyone 6 months and older should get at least 1 shot of the current COVID-19 vaccine, including during pregnancy<sup>†</sup>.

Vaccine abbreviations: DTaP: diphtheria, tetanus, pertussis; Hib: Haemophilus influenzae type b; HPV: human papillomavirus; MMR: measles, mumps, rubella; RSV: respiratory syncytial virus; TdaP: tetanus, diphtheria, pertussis; Td: tetanus, diphtheria

\*\*Vaccine recommended for people with a weakened immune system and may be recommended for people with certain conditions like cigarette smoking, diabetes, alcohol use disorder, or chronic heart, liver, or lung disease. <sup>†</sup>Consult your provider for more information on the most up to date vaccine recommendations.

